

ECO futures

Saturday 14th October 2023

10am til 4pm

Norwich High School for Girls,
95 Newmarket Road, Norwich, NR2 2HU

**Join us for a day of eco fun to find out how to
live more sustainably and save money**



Family friendly workshops

- Discover how to source local food
- How to make your own compost
- Creating tasty meals from leftovers
- Learn rag rugging techniques
- Exhibition area
- Repair stations; textile/tech/bicycle
- One pot cooking ideas
- Pumpkin carving
- and much more

*Travel by Beryl
bike or scooter
FREE minutes
available*

*Tasty local
snacks and
drinks or bring
your own picnic*

*Pick up your
refill cup &
kitchen waste
bin*

**Upcycle formal wear
Challenge**
1st Prize £100
2nd Prize £50
3rd Prize £25

**Clothes & Accessories
swap shop**
ticket holders will be able
to spend points with
no cash contribution
at the event

*Richard Powell, OBE
Environmental Advisor
'Creating biodiversity
in your garden'*

**Advance tickets:
£5 per adult
£2 per child under 16
£12 family ticket
(max 2 adults & up to
3 children)**

  **thenrowichswapshop**
www.new-ultd.co.uk

UK Registered charity no. 1186761

Scan the QR code
for tickets or call
into
New-U, Level 2,
Castle Quarter,
NR1 3DD

QR Code Here

New-U's formal wear Upcycle Challenge



Could you make something new from something old?

We challenge you to create something to wear, use or simply admire from pre-loved formal wear.

Absolutely anything goes, be creative and imaginative. Wear it, use it, tweak it, re-purpose it, unpick it, shred it, sew it, stick it!

Creations made as part of this challenge will be showcased and prizes awarded during New-U's ECO futures event on 14th October 2023 at Norwich High School for Girls, Newmarket Rd, Norwich.

The event will be a fun and interactive day for all the family to find out about how to live more sustainably and save money.

To enter the challenge go to: <https://newuecofutures.eventbrite.co.uk> and purchase a ticket for the event then call into our New-U shop on Level 2 in Castle Quarter, Norwich to choose up to 3 garments to upcycle. Creations should be dropped off at New-U by 7th October for judging.

New-U is open 10-4 Tuesday to Saturday.



**1st Prize £100
2nd Prize £50
3rd Prize £25**

Student Volunteer opportunities:

- Photography
- Videographer
- Animator

Contact us to find out more
hello@new-ultd.co.uk
www.new-ultd.co.uk
[@thenorwichswapshop](https://www.instagram.com/thenorwichswapshop)