

ECO futures

Saturday 14th October 2023

10am til 4pm

Norwich High School for Girls,
95 Newmarket Road, Norwich, NR2 2HU



Join us for a day of eco fun to find out how to live more sustainably and save money

Family friendly workshops

- Discover how to source local food
- Pick up your eco friendly refill cup
- Creating tasty meals from leftovers
- Learn rag rugging techniques
- Interactive exhibition area
- Repair stations; textile/tech/bicycle
- One pot cooking ideas
- Free Beryl Bike minutes
- ... & much more!

Clothes & Accessories swap shop

ticket holders will be able to spend New-U swap points with no cash contribution at the event

Carve your own pumpkin

Learn how to make your own compost

Tasty local snacks and drinks or bring your own picnic

*Richard Powell, OBE
Environmental Advisor
'Creating biodiversity in your garden'*

Upcycle formal wear Challenge

*1st Prize £100
2nd Prize £50
3rd Prize £25*

Advance tickets:
£5 per adult
£2 per child under 16
£12 family ticket (max 2 adults & up to 3 children)

  **thenorwichswapshop**
 **www.new-ultd.co.uk**

UK Registered charity no. 1186761

Scan the QR code for tickets or call into New-U, Level 2, Castle Quarter, NR1 3DD



New-U's formal wear Upcycle Challenge



Could you make something new from something old?

We challenge you to create something to wear, use or simply admire from pre-loved formal wear.

Absolutely anything goes, be creative and imaginative. Wear it, use it, tweak it, re-purpose it, unpick it, shred it, sew it, stick it!

Creations made as part of this challenge will be showcased and prizes awarded during New-U's ECO futures event on 14th October 2023 at Norwich High School for Girls, Newmarket Rd, Norwich.

The event will be a fun and interactive day for all the family to find out about how to live more sustainably and save money.

To enter the challenge go to: <https://newuecofutures.eventbrite.co.uk> and purchase a ticket for the event then call into our New-U shop on Level 2 in Castle Quarter, Norwich to choose up to 3 garments to upcycle. Creations should be dropped off at New-U by 7th October for judging.

New-U is open 10-4 Tuesday to Saturday.



**1st Prize £100
2nd Prize £50
3rd Prize £25**

Student Volunteer opportunities:

- Photography
- Videographer
- Animator

Contact us to find out more
hello@new-ultd.co.uk
www.new-ultd.co.uk
[@thenorwichswapshop](https://www.instagram.com/thenorwichswapshop)